

# City of Dixon

Recreation Department



**July 22-25 9:00am-4:00pm**

Sign-up for a power-packed week of coaching in first-aid, water safety, team building, CPR and rescue techniques. After training week, junior lifeguards will have the opportunity to shadow real lifeguards.



**REGISTER NOW! Classes fill-up quickly!**

**ONLY \$130**

Participants must be 11-14 years old and able to swim 25 yards freestyle and breaststroke, plus tread water for 1 minute.

[www.ci.dixon.ca.us](http://www.ci.dixon.ca.us)

Pat Granucci Aquatic Center  
450 E. Mayes St.

For more information call:  
(707) 678-7441